

Supporting LGBT+ Children & Young People

Colin

Pronouns: they/them

LGBT+ Trainer

Our aim is to leave you with:

- A better understanding of the experiences of trans people.
- Greater confidence in supporting, and being an ally to, trans people
- Knowledge about creating more inclusive environments for trans people

Allsorts Youth Project listens to, supports and connects children & young people, age 5 - 25, who are **LGBT+** (lesbian, gay, bisexual and/or trans), or **exploring** their sexual orientation and/or gender identity.





Brighton, Horsham, Crawley, Chichester, Worthing, Hastings & online

**Lesbian
Gay
Bisexual**

**Sexual
Orientation**

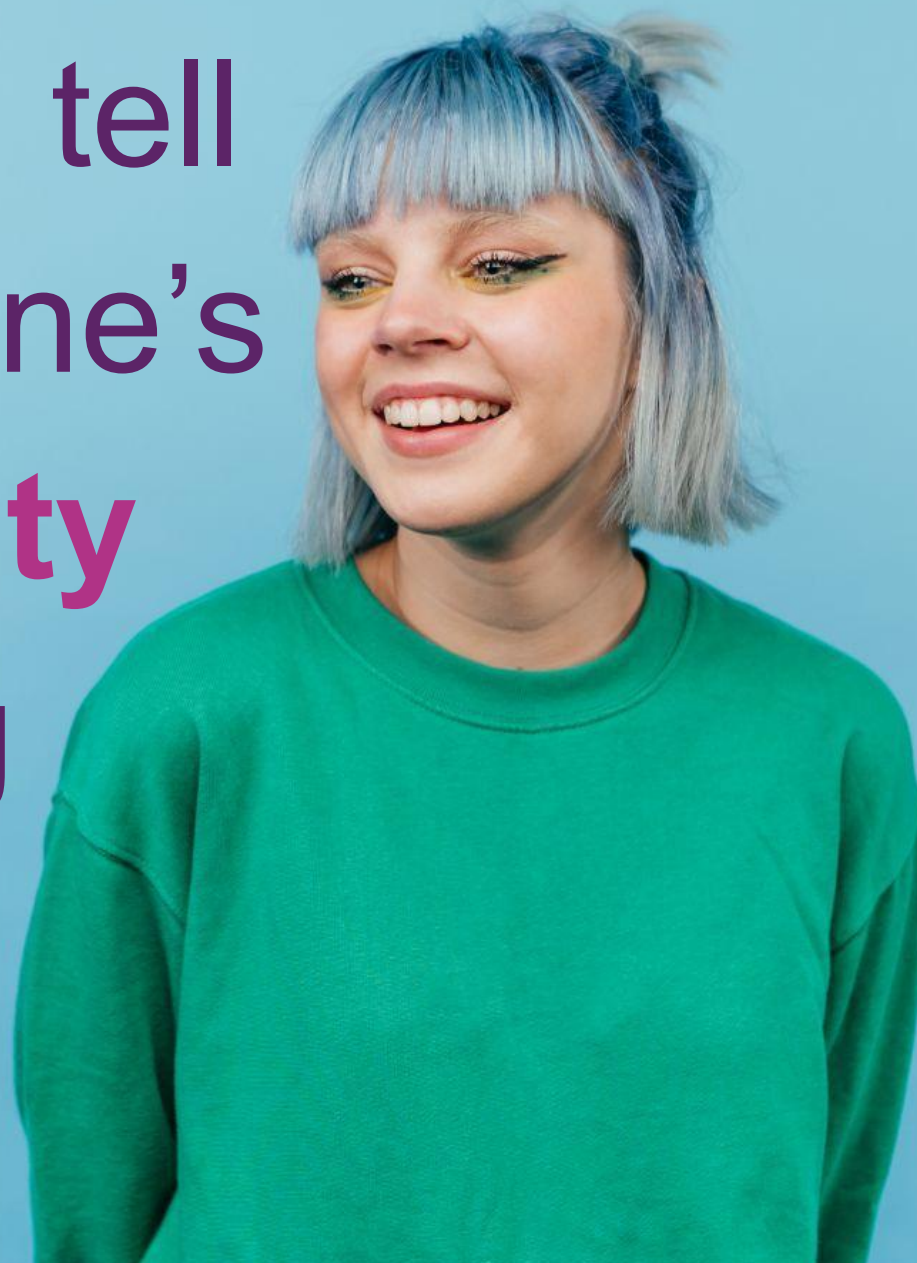
Trans

**Gender
Identity**

+



Can you tell
someone's
gender identity
just by looking
at them?



Assigned Sex

Relates to the body you were born with

Male

Intersex

Female

Gender Identity

Relates to our internal sense of self

Man

Non-binary / Gender Fluid

Woman

Gender Expression

Relates to the way you look, act, and the roles you assume

Masculine

Androgynous

Feminine

Transgender

an umbrella term used for anyone who's **gender identity** does not match **their sex assigned at birth**.

Cisgender

an umbrella term used for anyone who's **gender identity** does match **their sex assigned at birth**.



Assigned Sex

Relates to the body you were born with



Gender Identity

Relates to our internal sense of self



Gender Expression

Relates to the way you look, act, and the roles you assume



Language, Terminology, and Concepts





If we accept that we cannot tell someone's gender identity just by looking at them, **what might we do differently?**

- **Don't** act on your assumptions!
- Try to use **gender-neutral language** until you know how someone identifies
- **Ask** which pronouns they use
- **Quickly apologise** and move on when you make a mistake
- **Collective responsibility** for correcting others' mistakes



Having the conversation...



Own the limits of your knowledge

Get permission to ask questions

Give permission for correction and alternative terminology

(don't be defensive if they do!)

Remember!

You don't need to be an expert

You don't need to know all the terminology

Stay interested and keep learning



Safeguarding

- No issues under safeguarding law/practice **specific to LGBT+ people**
- Usual safeguarding procedures apply
- For example, **nothing in place** that would prohibit a trans person from using toilets/changing rooms that reflect their gender identity





Be an LGBT+ Ally

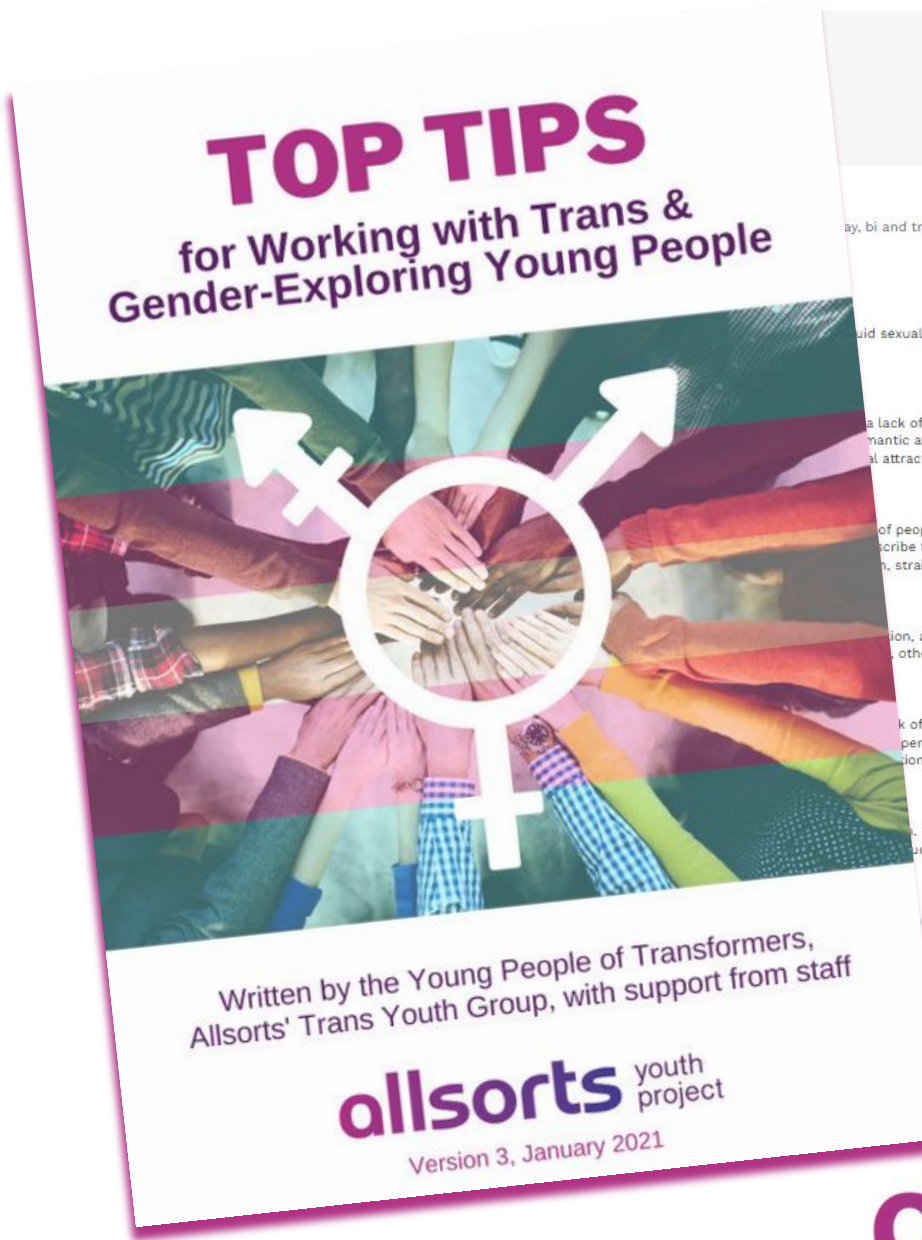
Get Educated

Get Interested

Be Visible

Challenge Others

Influence Others



List of LGBTQ+ terms

SEND SHARE SHARE EMAIL

ay, bi and trans.

uid sexual and/or romantic orientation which changes over time, or the course of their life. They may use

a lack of, varying, or occasional experiences of sexual attraction. This encompasses asexual people as r
romantic attraction or occasional sexual attraction might also use terms such as gay, bi, lesbian, straight
al attraction.

of people who experience a lack of, varying, or occasional experiences of romantic and/or sexual at
scribe themselves using one or more of a wide variety of terms, including, but not limited to, asexu
n, straight and queer in conjunction with ace and aro to explain the direction of romantic or sexua

ion, and do not identify as on the ace or aro spectrum. Allo is to ace and aro spectrum identitie
otherwise the opposite to ace and aro becomes 'normal' which is stigmatising.

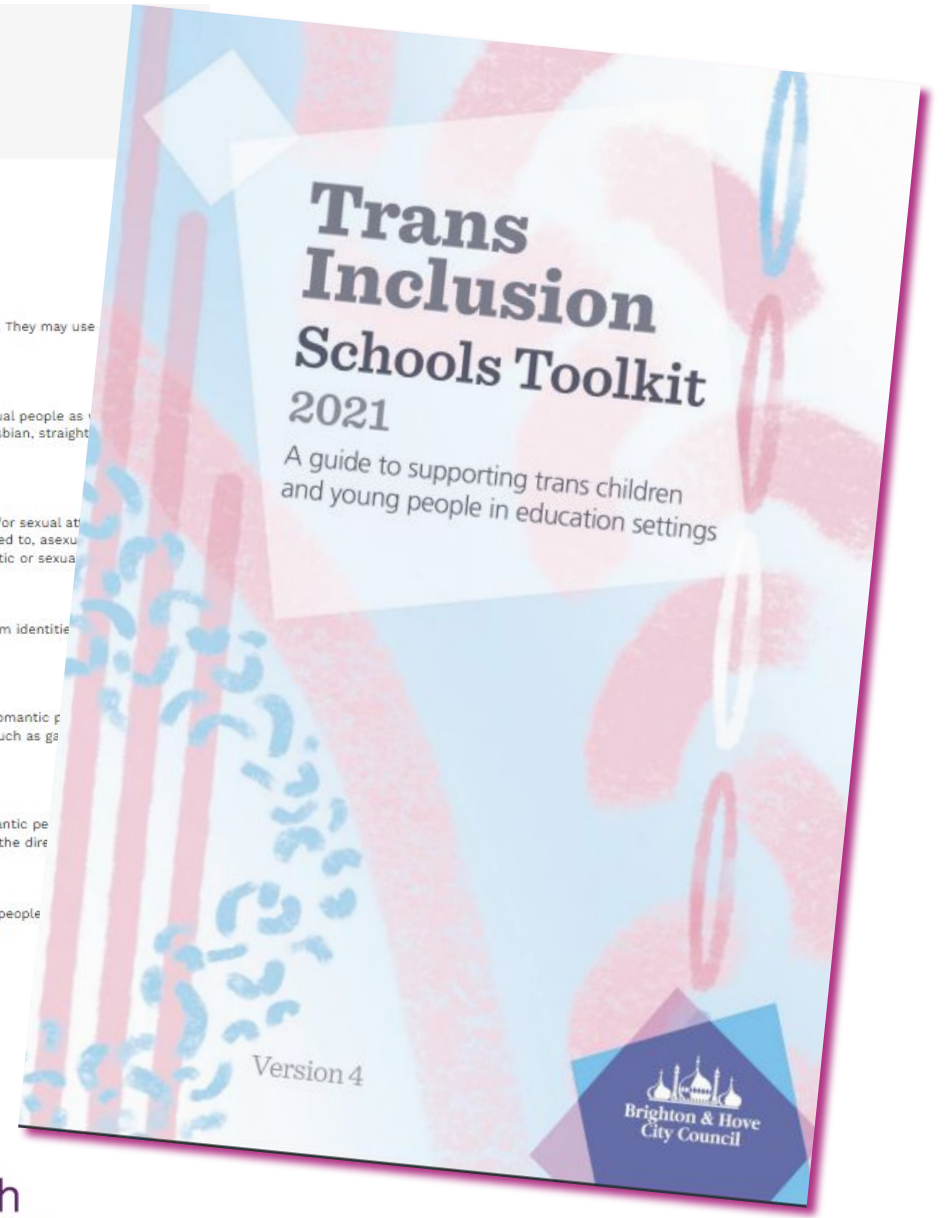
k of, varying, or occasional experiences of romantic attraction. This encompasses aromantic p
perience sexual attraction or occasional romantic attraction might also use terms such as ga
ion.

. Some aromantic people experience sexual attraction, while others do not. Aromantic pe
uch as gay, bi, lesbian, straight and queer in conjunction with asexual to describe the dire

me asexual people experience romantic attraction, while others do not. Asexual people
junction with asexual to describe the direction of their romantic attraction.

members of the LGBT community.

sexual orientation towards more than one gender.





allsortsyouth.org.uk