



About The UK Youth Fund – Thriving Minds

This document is designed to assist you in making an application to The UK Youth Fund – Thriving Minds. The information is provided to help you ensure you have told us all the relevant information we will need to assess your application, it explains the eligibility requirements and outlines what we will expect from our successful grantees.

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What is the funding offered through UK Youth Fund - Thriving Minds?

UK Youth in partnership with Julia & Hans Rausing are offering a 3 year unrestricted grant programme of up to £50,000 a year combined with a bespoke package of wrap-around support to improve mental health support and provision for young people and youth workers. Funding will be conditional on grantee organisations engaging in the core activities of the Thriving Minds programme and completing annual grant reports.

Whilst the funding is flexible, grantees will need to demonstrate their commitment towards the active ingredients and key outcomes of the fund as listed below:

1. Improved community support for young people experiencing mental health problems and improved preventative provision to support young people before they reach crisis point.
2. Improved best practice on ways to improve youth workers' mental health literacy.
3. Embedding sustainable youth work practices in the youth sector and mental health sector

What are the focus groups?

The UK Youth Fund – Thriving Minds aims to specifically target vulnerable communities identified by mental health charities as requiring increased support and services. Although not essential, your application will score higher if a significant proportion of the young people you engage with are within these groups:

Young people from racialised communities

Young people living in poverty

Young people dealing with trauma

Young people suffering adversity due to their sexuality or gender

Young people living in rural communities

Successful applicants working with these groups will also benefit from our targeted workshops and programmes that will focus on the specific needs within these communities.

What are the Active Ingredients?

Since 2020 The Wellcome Trust have been commissioning research teams from across the world to review the evidence for different approaches that are deemed to help prevent, treat, and manage anxiety and depression in 14–24 year olds.

Approaches that make a difference are referred to as 'active ingredients'. These active

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ingredients are the building blocks of what is most likely to make a difference in preventing or addressing youth anxiety and depression. They are varied and connected, spanning biological, cognitive, relational, and societal approaches.

So far, the Wellcome Trust have funded research into more than 40 active ingredients which have been grouped into six themes. Although they do not represent an exhaustive list of all possible active ingredients, the commissioned reviews give a birds' eye view of the state of the science.

Further detailed information and a summary report of this research is available to download via this link: <https://wellcome.org/news/finding-next-generation-mental-health-treatments-and-approaches>

What will successful applicants have to commit to?

We are excited to provide grantees a comprehensive package of wrap-around support which will accompany our grants, including resources and trainings to support youth workers and youth organisations in their mission to combat the mental health crisis plaguing the sector.

Successful applicants who are offered a grant will have to commit to engage with the Thriving Minds programme and must actively participate in the core activities of Thriving Minds.

We will work with all grantees to develop a bespoke package of wrap-around support from a menu of options. This carefully curated package will be designed to support each organisation's specific needs to make the biggest impact and will include a mix of 121 support, online and in-person workshops, trainings, communities of best practice, collectives and residential held throughout the three years.

Each grantee will need to demonstrate their commitment to the wraparound support and UK Youth will establish the metric for this. It is anticipated that there will be greater communication with grantees than usual as we look to ensure the training and support we provide helps grantees achieve the aims set out in their applications and support the development of their year 2 and 3 plans.

All of the courses, workshops and residential will be provided free of charge to successful applicants. It is envisaged that you will use part of the grant money you receive to mitigate the costs associated with staff from your organisation engaging in the programme.

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Who is eligible to be considered for funding through the Thriving Minds strand?

To be eligible to apply your organisation must:

- Be based and operate in the UK.
- Have an annual income of less than £500,000 showing in your last annual accounts.
- Be a charitable or not for profit organisation and can provide a governing document stating this.
- Have as its primary purpose the provision of services benefitting children/young people. At least 70% of your organisation's beneficiaries must be aged 8 – 25 years.
- Have been operational for at least two years.
- Submit or have available online at least one year's full accounts.
- Have the appropriate processes and policies in place to keep young people safe. This must include a Safeguarding and Health & Safety Policy. We may ask to see this if you are awarded funding.
- Have the appropriate insurances, qualifications or affiliations to a governing body. Depending on what you do this could include public liability insurance, leaders or instructors with special qualifications or an affiliation to a governing body. We may ask to see these if you are awarded funding.
- Comply with the Equality Act 2010, the General Data Protection Regulation 2018 and Data Protection Act 2018, Public Services (Social Value) Act 2012 and all other relevant statutory or regulatory requirements
- If you receive a UK Youth grant you will be able to commit to engaging and attending core activities of the fund and complete all online reporting requirements.

When is the deadline for the application?

The deadline for completing and submitting your application is midnight Sunday 20th March 2022. Applications submitted later than the 20th March will not be considered. Please note that application assessment will begin before the deadline, so you are encouraged to apply as soon as possible.

What can I spend the money on?

The unrestricted nature of the grant means that you will be able to spend the grant on any aspect of your organisation's operation. However, you will be asked to demonstrate how the way in which you have decided to spend the grant will help your organisation improve mental health support and provision for young people.

You will not be able to spend the grant on:

- Retrospective costs incurred before 1 May 2022.

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- Redundancy costs.
- Covering costs/losses already supported through other sources, including any Government schemes.
- Onward grantmaking to individuals or other organisations.
- Costs related to campaigning or the promotion of political or faith beliefs.

What support is there from UK Youth to help me complete the application form?

Please read our support document Thriving Minds – Application Guidance Notes which gives detailed advice on how to answer each question.

We will be holding a meet the funder Q&A webinar on Zoom each week that the application window is open. Open to any organisation considering making an application, we will be talking through the application form and taking questions on how to make a great application.

The webinars will be held on:

- Thursday 3rd March 10:30am – 12pm - Please [click here](#) to register
- Thursday 10th March 10am – 11:30am - Please [click here](#) to register
- Tuesday 15th March 10:30am – 12pm - Please [click here](#) to register

After registering, you will receive a confirmation email containing information about joining the meeting. If you cannot attend the webinars in person you will be able to view recordings of them on the UK Youth YouTube page: https://www.youtube.com/channel/UCFR5Oh7bE_mRQ6SuS9dWVQ

UK Youth are committed to making our grant funding accessible to all applicants, please contact us if you require additional support. If English is not your first language and you would like assistance with any aspect of the application process please contact us and we will be happy to help you apply.

Please email funding@ukyouth.org with 'Accessibility' in the subject line and we will prioritise responding to your request. It is our intention to remove all barriers that may prevent an organisation from completing the questionnaire so do not hesitate to get in touch if you require additional support.

When will I receive the funding?

We aim to notify all successful applicants from 11th May 2022. Upon receiving a grant offer you will need to sign and return a grant agreement form that will be sent to you. We aim to make your first year's grant payment shortly after receiving your signed grant agreement. Subsequent

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years' grant payments will be made on receipt of a satisfactory annual grantee report and engagement with the core activities of the programme.

When does the grant have to be spent by?

Each grant payment will have to have been spent and accounted for within 12 months of receipt.

How will we make funding decisions?

Applications that meet the eligibility criteria and have submitted all requested information, will be assessed against the following:

- **Mental Health Need:** You have clearly identified and articulated a pressing mental health need among your youth workers and the young people in your community. You have also presented a solution on how you currently are or could address this need or challenge.
- **Engagement:** Your organisation is directly engaging with at least one of the focus groups who make up a significant proportion of the young people you work with. Young people have been involved in the consultation, design and implementation of your plans to support their mental health.
- **Legacy and partnership:** Your organisation has made a commitment to building partnerships and sharing your learnings over the course of the programme with other organisations and communities. There is strong confidence that progress and achievements of the programme will be retained and continue beyond the term of the programme.
- **Value for money:** Your organisation demonstrates good value for money in its provision of services for young people. There is a clear need and rationale for the funding you have requested and how such funding will help your organisation improve mental health support and provision for young people and youth workers.
- **Experience & understanding:** Your organisation has experience in providing similar programme or activity with beneficial results. You have demonstrated an understanding of the Wellcome Trust's "Active Ingredients" of what is most likely to make a difference in preventing or addressing youth anxiety and depression

What reporting requirements will there be?

You will be required to complete an annual online grantee report. Your organisation will also be required to participate and attend the core activities of the Thriving Minds programme. If you do not complete the annual grantee report or engage in the core activities to a satisfactory standard your grant offer for years 2 & 3 may be reduced or withdrawn entirely.

We also want to maximise the opportunity to spotlight and showcase the work of youth organisations and will be looking for case studies and organisations who are willing to create digital content we can use to demonstrate the impact of youth work. You will be asked at the grant agreement stage whether you are interested in this opportunity.

How much funding will you be awarding overall?

Due to the generosity of Julia & Hans Rausing we aim to award over £8,000,000 in grant funding over the next three years. However, we are continuing to work hard to secure additional funding for the Thriving Minds programme from other sources, so the fund will hopefully increase as new sponsors and supporters join our campaign to improve mental health support for young people and youth workers.

Why can I only apply for £50,000?

This funding is targeted at organisations with an annual turnover of under £500,000. Based on this information, the average grant size through previous funding initiatives and research we have undertaken we believe this to be a correct limit. We will also not award a grant more than 75% of your annual income.

Is there a minimum funding request?

No there is no minimum funding request. However, when considering the impact that we hope this fund will have and the commitment to engage in the wraparound support that we would expect, then we do not anticipate making grants of less than £15,000 a year.

Do I have to be part of the UK Youth Movement to apply?

You do not need to join the UK Youth movement to apply for the fund but we do hope you will choose to!

Our ever growing movement of thousands of youth organisations and partners provides fantastic opportunities and support for youth organisations and young people, including free access to events, campaigns, training, peer support, themed networks, programmes and much more.

By signing up we'll keep you up-to-date on all of these opportunities through our fortnightly newsletter and via our other comms channels. If you would like more information contact movement@ukyouth.org and one of our team would be very happy to support you and answer your questions.

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Do I have to be a youth club or a youth charity?

The primary purpose of your organisation must be to support and deliver services for young people. There must be a strong developmental aspect of your work with young people. At least 70% of the people you work with must be aged 8 – 25 years old.

What age range do we have to support to be eligible for this funding?

UK Youth goes by the approach that youth work refers to the ages of 8-25. However, we are taking each application in a case-by-case scenario, and if you are slightly out of this age range, we will review your application based on what you have told us about your organisation and its impact on the lives of young people.

Can I make more than one application?

Only one application per organisation can be made.

Is there a limit to funds in the bank account or reserves?

We have not stipulated a limit to funds available in bank accounts or reserves, however, we do ask for details of your reserves. If you do have large cash reserves you will need to explain why you are unable to use those resources to assist you.

Is the grant only applicable to organisations who work solely with children/young people, or can organisations who work with a wider audience, including young people, also apply?

The primary focus of your organisation must be young people. Organisations that work with a wider audience, including young people, would be eligible for the fund. However, at least 70% of your beneficiaries must be aged 8 – 25 years old.

The organisation as a whole exceeds the income level of £500,000, but the project that focusses on youth work has an income within that level. Are we eligible?

Unfortunately, no. For eligibility we are looking at the income of the organisation as a whole.

Will you fund organisations that have started operating from this year?

No. Your organisation must have been operational for at least two years.

Could we apply for unrestricted funds?

Yes, you can apply for unrestricted funding. You will need to explain how the funding you are requesting will help you achieve the aims of helping your organisation improve mental health support and provision for young people.

Will I be told if I am unsuccessful?

Yes. We will notify all applicants on the outcome of your application. Unfortunately, we do not have the resources to provide individual feedback. But we know how important feedback is and will share general learning and reflections once we have made all the awards. This is likely to be in the format of report, blog and webinars.

Who will make the funding decisions?

All eligible submissions will be assessed by independent assessors following a clear scoring framework. The shortlisted submissions will then go to a panel for final decision. The panels will be made up of 50% young people and 50% external sector experts.

Why are you asking applicants to have a Safeguarding and Health & Safety Policy ?

UK Youth want to ensure all applicants have the appropriate processes and policies in place to keep young people safe. If you are unsure about whether your organisation has a safeguarding policy you can find further advice and information here: <https://www.ukyouth.org/what-we-do/quality-marks/>

I've made a mistake on the form I completed- can I amend?

Don't worry, these things happen. Please email funding@ukyouth.org with the correct information. We will match this to your submission ensuring we have the correct information to review.

Where has the money come from?

The UK Youth Fund – Thriving Minds has been established in partnership with Julia & Hans Rausing to improve mental health support and provision for young people and youth workers. Funding is offered to ensure grantee organisations have the resources needed to properly engage with the Thriving Minds programme and implement and instigate learnings to improve their mental health provision. UK Youth will continue to work to secure additional funding for the Thriving Minds programme from other sources, so the fund will hopefully increase as new sponsors and supporters join our campaign to improve mental health support for young people.

Who are UK Youth?

UK Youth is a leading charity that exists to ensure all young people are equipped to thrive and empowered to contribute at every stage of their lives. We work with others to ensure that the youth sector is strengthened, supported, and that provision is youth-led, evidence-informed and delivers high-quality outcomes.

UK Youth plays a unique role in addressing; the lack of investment in the youth sector, the lack of cross-sector understanding in how youth work makes a difference and the limited opportunities to embed effective solutions. These factors lead to mass inequality of access to youth services for young people.

Working through networks of youth organisations and supporters, we galvanise a movement of people to support our shared vision. The UK Youth Movement is open to all and currently stands at over 8,000 youth organisations and nation partners, collectively reaching 4.1 million young people.

I'm having trouble completing the form, can I ring UK Youth for help?

Unfortunately, we do not have the resources to respond to incoming calls. The quickest way to get the help you need is to email funding@ukyouth.org with your query. This inbox is monitored 9am-5pm every weekday and we will get back to you within 24 hours.

Do I have to complete the application form in one go?

No. There is a save and return feature at the bottom of the application form.

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Can I appeal the decision?

No, the funds for this initiative are donated through private philanthropy and all funding decisions are at the discretion of Julia & Hans Rausing. The decision is final and there is no right of appeal.

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