Not sure where to start with your reading journey? Why not try one of our reading suggestions below from UK Youth staff.

**Non-fiction: How Not To Be A Boy by Robert Webb**
Robert Webb considers the absurd expectations boys and men have thrust upon them at every stage of life. An important memoir that tackles societal expectations around masculinity and manhood.

**Fiction: Queenie by Candice Carty-Williams**
The story of Queenie and her Jamaican British family who don’t seem to understand her. This book Tackles issues of mental health, race, class and consent.

**Poetry: Welcome to Tottenham by Giovanni Rose**
Themes: Mental health, race, violence

**Fiction: Utopia Avenue by David Mitchell**
This is the story of Utopia Avenue’s brief, blazing journey from Soho clubs and draughty ballrooms to the promised land of America, just when the Summer of Love was receding into something much darker - a multi-faceted tale of dreams, drugs, love, sexuality, madness and grief; of stardom's wobbly ladder and fame’s Faustian pact; and of the collision between youthful idealism and jaded reality as the Sixties drew to a close.

**Poetry: Never Trust A Mirror by Erin Hanson**
Themes: Mental health
Poetry: She Must Be Mad - Charley Cox
Themes: Love, relationships, mental health

Short stories: Love in Colour by Bolu Babalola
The most iconic love stories of myth and folklore from West Africa to Ancient Greece, vibrantly reimagined in bold, striking prose.

Article: Stop calling young people ‘leaders of tomorrow’
Themes: Activism, young people

Short stories: A Change is Gonna Come
Featuring top Young Adult authors and introducing a host of exciting new voices, this anthology of stories from BAME writers takes on the theme of change.

Blog: Young Changemakers
Themes: Mental health, race, social action