**EmpowHER Awards Nomination Form**

Are you feeling empowHERed to lead change? Have you got a master plan?

**Nominate yourself, a friend or a young person that you think deserves an EmpowHER Award this cohort!**

**Remember: you can nominate more than one person per EmpowHER category and only fill in the catergiry you are nominating for!**

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| **Your name:**  |
| **Email Address:** |

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| **Name of person you are nominating:**  |
| **What Award are you nominating them for:** |
| Please use this space below to describe how this young person meets all the criteria for the **leadership award**.* What has motivated this young person to take on a leadership role?
* What qualities does this young person possess, that makes them a good leader?
* In what ways has this young person helps to better their school or community through their leadership role(s)?
* How have their experiences as a leader helped them grow as a person?
* How has this young person achieved their goals as a leader?
* How might this young person continue to inspire others in the future?

**Response:**  |

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| Please use this space below to describe how this young person meets all the criteria for the **Courage award**.What obstacle(s) has this young person faced?* How did this young person prevail over these obstacle(s)?
* How have their experiences helped them to grow as a person?
* How has this young person’s ability to persevere created new opportunities for them?
* In what ways has this young person’s experiences inspired others?

**Response:**  |

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| Please use this space below to describe how this young person meets all the criteria for the **Peer Support award**.* What motivates this young person to lend their support to others?
* In what ways has this young person positively impacted others?
* Please give an example(s) of an instance in which the nominee has demonstrated exemplary support for their peer(s).
* How has helping others allowed them to grow as a person?
* How has this young person impacted or inspired you?

**Response:**  |

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| --- |
| Please use this space below to describe how this young person meets all the criteria for the **Team award**.* What motivates this group to contribute to their school or community?
* Describe the group’s level of commitment with the cause(s)/organization(s) they supported for.
* Is there a specific cause(s) that this group is most passionate about? If so, please describe.
* In what ways has this group helped to improve their school or community or positively impacted others?
* How have this group grown as a team and as individuals?
* How are they planning to continue to give back to their school or community?

**Response:**  |

**Thank you for your submission, you will be notified by email if you have been successful or not within 2 weeks – good luck!**