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##### Case Study Template: Young Person

Case studies help bring your work to life through the stories of young women and girls and youth organisations across your network. Their stories help you build on and share the successes taking place within your network every day.

**Notes for use**

This form is designed to help through the process of collecting the information needed to make a compelling story. Use it as flexibly as you need to suit your situation. It can be done either independently or with the support of a youth worker if required.

**Privacy**

(Insert Organisation Name here) respects your privacy and will never disclose any of your personal details if your story is used for external publication unless given direct permission by you.

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| **Name of programme:**  | **Date:** |
| **Your name:**If under 16 and no parental/legal consent has been granted, please write only first name.  | **Age:** |
| **Where you live (town/city):** | **Youth organisation:**  |
| Do you give permission for (Insert Organisation name here) to use this information in (Insert Programme name here) case studies and/or media purpose? **Yes / No** |
| **Would you like this story to be made anonymous if it is published?** **Yes / No** |
| **Contact details****Telephone Number:** **Email Address:**  |

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| **Part One: What was your situation before your involvement with EmpowHER?**Please tell us about your situation before you got involved with this programme. For example:* How would you describe yourself?
* Are you enrolled in school/college/employment/other?
* Why did you get involved with EmpowHER?
* How did you first hear about EmpowHER?
* What did you want to achieve or gain (were there any skills you wanted to learn or areas where you felt you needed support)?
* What challenges were you facing to achieve or gain this?

*For example, were you looking to get involved with your community but didn’t know where to start? Or maybe you wanted to find a space to be around other young women and girls your age to explore topics and themes important to young women and girls like yourself?* |
| **Answer:** |
| **Part Two: What was your experience of EmpowHER?**Please tell us about your experience of engaging with EmpowHER. In particular:* What did you do or take part in as part of EmpowHER?
* What part of it did you value the most?
* What did you do or take part in as part of the activity? Which session was the best?
* Did EmpowHER meet your expectations?
* What have you found hard/challenging?
* What is the most important thing you have learnt during EmpowHER?
* What have you done in the EmpowHER programme that you’ve never done before?
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| **Answer:** |
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| **Part Three: What has changed as a result of EmpowHER?**Please tell us what you learned or gained from your involvement with EmpowHER. In particular:* How would you describe your overall experience?
* What social action did you do during EmpowHER? What made you want to do your social action project?
* Who did your project help? How?
* What new skills or knowledge did you learn?
* Did you learn anything new about yourself?
* Do you have any examples of ways that you have used your new skills in day-to-day activities or challenges you have overcome?
* How likely is that you’ll do more social action (volunteering, fundraising, campaigning) in the future?
* Would you recommend EmpowHER to your peers?
* What advice would you give someone thinking about taking part?

*For example, are you now more confident as a person? Do you have motivations that you didn’t have before? Are you going to behave differently in how you make choices in life?* |
| **Answer:** |

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| **Can you describe your overall experience in one line?** |
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##### Thank You!

Please send completed case study to (Insert contact name and email address here) and if you have a high-quality photo, you’re able to send along with your case study then please do!