



UK Youth Programmes Information Sheet

Autumn 2021

Dream It Real

Dream It Real Year 2 responds to the urgent need for professional and personal development initiatives for young people aged 16-25. In this programme, young people will complete four modules over a minimum of seven hours that enable them to visualise their goals, gain professional skills and develop resilience.

Young people are also encouraged to apply for Dream It Real Scholarships – financial awards of £1000 to enable access to academic or vocational qualifications.

Delivery will be taking place in London, Birmingham, Leeds and/or Edinburgh and the surrounding areas. The programme will engage 300 young people during the delivery window (Sept- March) and there are 100 Scholarships available.

We are particularly interested in working with partners who have experience of supporting young people to access grants and who those who work in diverse communities.

EmpowHER

EmpowHER Legacy is the next stage of UK Youth's EmpowHER programme, a pilot project delivered over 3.5 years to support young people to lead changes in their community, overcoming limiting perceptions and supporting their wellbeing and confidence.

The programme begins with social learning, led by young people and facilitated by youth workers. Then, based on their interest in issues affecting their communities, the young people develop and deliver a social action project.

We are currently developing the next two years of this project and are interested in working with a range of youth organisations to test different ways to deliver the project. In particular, we are looking to work with partners who have experience in social action projects, wellbeing programmes or single-gender work.

Be Internet Citizens

After the success of engaging 5,729 young people in it's very first year, Be Internet Citizens will be returning again this Autumn!

Funded by Google, Be Internet Citizens teaches young people about media literacy, critical thinking and digital citizenship, with the aim of encouraging young people to have a positive voice online.

Delivery will take place across all of the UK from Autumn 2021.



No Limits

No Limits is a new programme to inspire everyone at youth centres across the UK that there are no limits to ambition, opportunities and how young people can express themselves creatively.

The programme will provide technology and knowledge to create innovative youth centre environments and generate opportunities for young people across all areas of culture and creativity. No Limits will be piloting from Oct 21 – Oct 22 in multiple regions across the UK.

New employability programme (name tbc)

Working with a well-known global hospitality brand, UK youth will offer NEET and at risk of becoming NEET young people a programme to support them into sustainable employment.

The programme will include work readiness modules, hands on work-experience and a subsequent job offer on completion of the programme. This programme will run across multiple years, with a small pilot in year one and then expanding across multiple regions across the next few years.

The programme will tackle unemployment by developing skills & offering work-experience and the option of full-time job to young people upon completion of the programme.

FutureProof

FutureProof programme focuses on supporting young people aged 11-25 in their present and future lives, providing ideas and session plans to explore vital and challenging topics such as identity, healthy relationships, critical thinking, managing conflict, and healthy minds.

Youth workers are provided with high quality, ready to go session plans with the freedom to adapt. This flexible programme can be run as a stand-alone programme or embedded into the programme of activities you currently run, with a minimum engagement time of 4 hours.

Youth workers will also support a proportion of young people to complete a Youth Achievement Award, flexible youth led awards, where young people set themselves challenges and receive formal recognition of their achievements.

This programme will run in multiple regions across England from Autumn 2021 – March 2022.



#YoungandBlack Changemakers

UK Youth, Centre for Mental Health and The Diana Award are collaborating on a new project to reimagine mental health support for young people from racialised communities. Currently working with a group of Young Co-Producers to design the programme, we will shortly be recruiting our first cohort of young Changemakers, to lead the change they want to see for racial justice in mental health.

Changemakers will go through a personal development programme and then be supported to lead social action projects and campaigns.

UK Youth are looking for youth organisations to collaborate on the project and play a role in support Changemakers at a local level, from September 2021.

Reach Up

Reach Up engages 16 to 25-year-olds who are either NEET, at risk of becoming NEET or underemployed, and empowers them with the confidence, skills and experience needed to feel ready for the work place.

The programme, in partnership with Coca-Cola Europacific Partners (CCEP), addresses the key issues young people face surrounding employment through a range of activities. We are recruiting partners for one standalone online social mobility event taking place in October.

Youth Achievement Awards (YAAs)

The UK Youth Achievement Awards are a suite of awards that have been delivered by organisations in our network for over 20 years. They are an ASDAN accredited, adaptable, youth led, peer assessed framework which can be applied to almost any activity.

The Awards were designed to meet the needs of young people by providing accredited recognition for the work young people do, adding value to activities using a 'plan, do, review' model. The UKYAAs help young people embark on any journey they want.

There are five levels, Challenge, Bronze, Silver, Gold and Platinum – each level increasing in time and building on young people's responsibility within their Award. They are flexible to meet the needs of all young people, so you do not need to start with the Challenge Award but instead enter the award best suited to meet the young person's needs, interests, and ambitions.