

UK Youth needs your input...

- **Are you a young person aged between 16 and 25?**
- **Do you want to get out there and meet new people and share similar experiences, while having fun AND helping to make a difference?**

If it's yes to the above then this project is just what you need.

UK Youth's Healthy Young Adult Transitions project is funded by the Department of Health and is looking for young people to take part in a residential weekend to identify gaps, strengths and weaknesses in local Health Service provision.

SO..., if you personally have experienced or know of someone who has had a negative or indeed positive experience of services provided by your local health service, particularly in areas of advice on:

- Sexual health and relationships e.g. contraceptive / advice services
- Substance misuse e.g. local drug advisory groups
- Mental health and well being e.g. counselling / young peoples support services

We would really like to hear from you.

The residential will take place in Chester on Friday 26th, Saturday 27th and Sunday 28th March 2010, travel expenses will be covered and childcare is available at the venue or childcare costs covered should you so need.

We hope that the project will result in young people receiving a quality service from health organisations which better meets their needs.

What will happen to the information gathered at this residential?

UK Youth wants to help improve the service offered by health organisations to young people. Our peer volunteers will use the information you give us to plan and deliver workshops to tell the Health Service, Managers and Policy Makers about the service young people receive and how this could be improved.

In addition the core volunteers will produce a toolkit for other groups to take the information gathered, into their communities and help make a difference across the whole of England.

Interested...? Simply fill in the attached application form and send to the address provided and one of our team will be in touch to discuss the project in more detail.

APPLICATION FORM UK YOUTH
Healthy Young Adult Transitions

I would like to apply to attend the residential in March in Chester to share my views on my Local Health service for UK Youth's Healthy Young Adult Transition Project

Contact Details:

Your name:

Group Name:

Region:

Date of Birth:

Age at 26th March 2010:

Contact details:

Address:

Post code:

Contact phone no:

Email:

Involvement in other projects:

Please tell us how you heard about the project:

Have you been, or any friend or family member been involved with any of the following services:

- Sexual health and relationships, e.g. contraceptive / advice services
- Substance misuse e.g. local drug advisory groups
- Mental health and well being e.g. counselling / young people's support services
- Children in care / foster care
- Transition services from child mental health to adult mental health

Any other services

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Please tell us about any experiences of your Local Health Service, this can be either your own personal experience or that of a close friend or family member, and in what areas:

To discuss any aspect of this project or form please contact Sarah Scott on 01299 400 690 or 07932 753 866

Please return this form by 15th February to: Rebecca Wyatt-Dawson, Project Administrator, UK Youth, Avon Tyrrell Activity Centre, Bransgore, Hampshire, BH23 8EE. Tel: 01425 675 104.

youthwork@ukyouth.org